

What is a Research Lab?

- Research labs create a space for students to work collaboratively with faculty to carry out the research process from start to finish (Weinschenk, 2021).
- Research labs allow students of all graduate levels to learn and apply research beyond the established curriculum.
- The Council for Accreditation of Counseling and Related Educational Programs (CACREP, 2016) standards for research (Section 2.8) emphasizes the importance of research to the advancement of the counseling profession (8.a) and its evidence-based counseling practices (8.b).

COUNSELORS AGAINST SEX TRAFFICKING RESEARCH LAB



Research

Engage in cutting edge research to promote the identification and eradication of sex trafficking

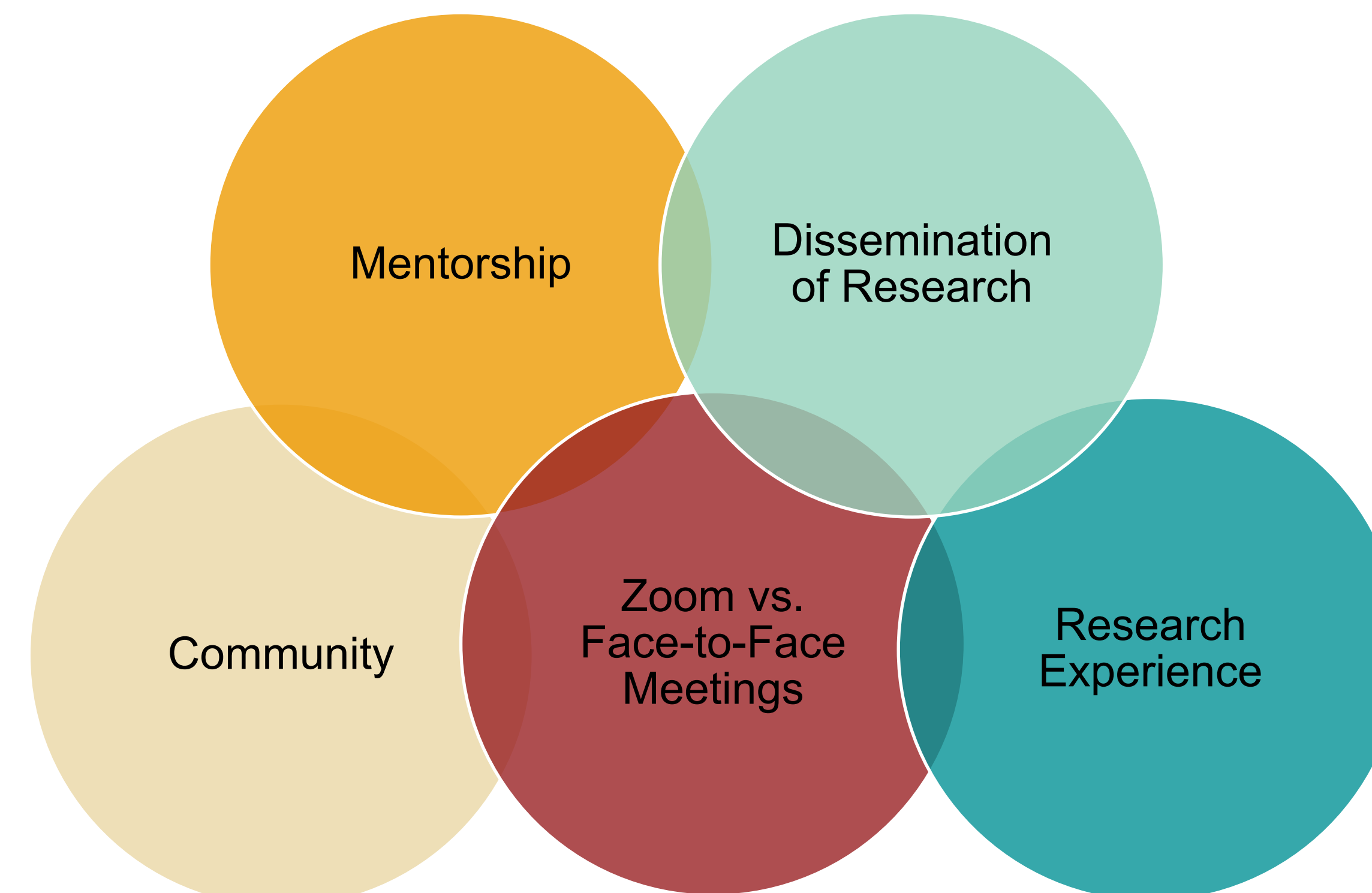
Train

Develop data-driven training programs for mental health professionals working with sex trafficked survivors and persons at risk

Advocate

Advocate for vulnerable populations by developing awareness of sex trafficking within the community and mental health professions

Components of our Research Lab



Considerations for Developing a Research Lab

Defining purpose and Creating an identity

Project Management

Student recruitment and Project assignment

Mentorship and Supervision of separate research projects

Benefits of a Research Lab

- Ability to develop and define researcher identity
- Allows students to learn and apply research methods
- Customize specific experience catered to student interest
- Integrates academic framework to hands on learning in the area of research
- Strengthens students' views of themselves, increases confidence
- Leads to stronger PhD candidates and CVs
- Increased likelihood of attaining post graduate degrees
- Increases feelings of connection, decreases isolation, and gives a network of support when overcoming academic demands and stress
- Increases leadership skills, and promotes healthier attitudes and beliefs regarding leadership

(Adedokun et al., 2013; Linn et al., 2015; Wayment & Dickson, 2008).

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