

December 2011 - Guest-Lecture Intern, *Institute of Mental Health*, Kilpauk, India
March 2012

RELEVANT CLINICAL PRACTICE EXPERIENCE

Dec 2022 - Founder and Clinician, *Rose Counseling, PLLC*
Present San Antonio, TX

May 2022 - Clinician, *Grit and Grace Counseling Center*
July 2022 San Antonio, TX

October 2017 - Counselor (Volunteered – Under Supervision)
May 2019 *Community-based Non-Profit Organization*, Abilene, TX

December 2018 - Crime Victim Advocate (Volunteered – Under Supervision)
May 2019 *Regional Crime Victim Center*, Abilene, TX

September 2015 - Clinical Mental Health Counselor, The Counseling Center
May 2016 *Trinity International University*, Deerfield, IL

October 2014 - Counselor II: Clinical Mental Health Counselor
May 2015 *The Recovery Council*, Waverly, OH

May 2014 - Clinical Mental Health Counselor Intern
May 2015 *University of Medical Associates-Family Medicine*, Ohio University, OH

December 2011 - Intern Clinical Psychologist
March 2012 *Institute of Mental Health*, Kilpauk, Tamil Nadu, India

RESEARCH/SCHOLARLY/CREATIVE ACTIVITIES

Research Area

My research focuses on studying factors that promote mental health and well-being from a positive psychological and strengths-based lens in the areas of (1). group counseling; (2). college student development; (3). creativity in teaching and counseling; (4). underserved minority and foreign-born populations; (5). leadership and career development; and (6). training curriculum and program development. The long-term goal of my research is to impact and empower diverse communities with empirically-tested, creative, culturally responsive, strengths-based practices and programs that promote overall well-being and health.

Research Labs

Strengths and Wellbeing Research Lab (S&WRL) [Est. 2020] Lab Director and Faculty Research Mentor	Counselors Against Sex Trafficking (CAST) Research Lab Affiliate Faculty
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Department of Counseling, COEHD, University of Texas at San Antonio

Refereed Publications

(*denotes graduate student; **denotes data-based manuscript)

[[h-index](#) – 7; Total citations: 265; <https://orcid.org/0000-0003-1045-210X>]

- [JA27] **Prasath, P. R.**, Bhat, C. S., & Manyam, S. (*in press* – accepted May 1, 2023). Psychological distress, wellbeing, and marital satisfaction of Asian Indians in the USA on H1B and H4 visas. *International Journal of Advancement in Counselling* **
- [JA26] **Prasath, P. R.**, James, J. K., Bhat, C. S., *Samuel, A. R., & Mutharasi, K. (*in press-Aug 2023*). Psychological capital as a moderator in the relationship between depression, anxiety, stress, and wellbeing among college students in India. *Journal of Asia Pacific Counseling* ** Impact Factor (2023): 0.4
- [JA25] **Prasath, P. R.**, *Lohmar, S., *Rich, W. Z., *Dalan, E. E., & James, J. K. (2023). Mental health disparities among cisgender, transgender, and gender non-conforming college students in the United States. *The Journal of Mental Health Counseling*, 45 (2), 129–146. <https://doi.org/10.17744/mehc.45.2.03> ** Impact Factor (2021): 0.9
- [JA24] **Prasath, P. R.**, Xiong, Y., & *Zhang, Q. (2023). A practical guide to planning, evaluating, and implementing the Mindfulness-Based Well-being Group for International Students (MBWIS). *The Journal of Humanistic Counseling*. <https://doi.org/10.1002/johc.12200> ** Impact Factor (2023): 0.78
- Awarded the Outstanding Research Award (2023), Sigma Alpha Chi Chapter, University of Texas at San Antonio
- [JA23] *Zhang, Q., Xiong, Y., **Prasath, P. R.**, & *Byun, S. (2023). The relationship between international students' perceived discrimination and self-reported overall health during COVID-19: Indirect associations through positive emotions and perceived social support. *Journal of International Students*, 14(1). <https://doi.org/10.32674/jis.v14i1.5368> ** Impact Factor (2023): 1.579
- [JA22] Steen, S., & **Prasath, P. R.** (2023). Black doctoral student research participants: A mixed-method systematic literature review. *Counselor Education and Supervision journal on Anti-racist practices and pedagogy in counselor training*. 1-17. <http://doi.org/10.1002/ceas.12262> ** Impact Factor (2023): 1.90
- [JA21] Xiong, Y., **Prasath, P. R.**, *Zhang, Q., Jeon, L., & Pillay, Y. (2023). Group facilitators' experiences in the Mindfulness-based Wellbeing Group for International Students. *Journal for Specialist in Group Work*, 48(1). <https://doi.org/10.1080/01933922.2022.2158971> ** Impact Factor (2022): 0.595
- [JA20] **Prasath, P. R.**, Steen, S., & *McVay, K. (2023). A group counseling intervention for African American boys in elementary students: Providing support for transitioning to 4th grade. *Journal of Creativity in Mental Health*.

- <http://doi.org/10.1080/15401383.2023.2166184> ** Impact Factor (2022): 1.0
- [JA19] Lorenz, T., Hagitte, L., & **Prasath, P. R.** (2022). Validation of the revised Compound PsyCap Scale (CPC-12R) and its measurement invariance across the US and Germany. *Frontiers in Psychology, 13*:1075031. <http://doi.org/10.3389/fpsyg.2022.1075031> ** Impact Factor (2021): 4.232
- [JA18] Schroeder, K., & **Prasath, P. R.** (2022). Animal-assisted counseling and positive psychological interventions. *The Journal of Mental Health Counseling, 44*(4), 312–326. <https://doi.org/10.17744/mehc.44.4.03> Impact Factor (2021): 0.9
- [JA17] Xiong, Y., **Prasath, P. R.**, *Zhang, Q., & Jeon, L. (2022). Mindfulness-based Wellbeing Group for International Students: A Pilot Study. *Journal of Counseling and Development, 100*(4), 374-385. <http://doi.org/10.1002/jcad.12432> ** (7 citations) Impact Factor (2023): 2.543
- [JA16] **Prasath, P. R.**, Xiong, Y., *Zhang, Q., & Jeon, L. (2022). Self-efficacy development of graduate student leaders in facilitating groups for international students. *International Journal of Group Psychotherapy, 72*(4). 331-357. <https://doi.org/10.1080/00207284.2022.2107529> ** (3 citations) Impact Factor (2022): 0.59
- [JA15] *Horton, E., *Hughes, C., **Prasath, P. R.**, & Lloyd-Hazlett, J. (2022). Students' experience of family counseling role-play with developmental considerations. *Teaching and Supervision in Counseling, 4*(1). <https://doi.org/10.7290/tsc> ** Impact Factor (2022): 1.90
- [JA14] Xiong, Y., **Prasath, P. R.**, *Zhang, Q., & Jeon, L. (2022). Discrimination, depression, anxiety, and stress of international students during COVID-19. *The Journal of American College Health, https://doi.org/10.1080/07448481.2022.2059376* ** (13 citations) Impact Factor (2023): 2.395 Impact Factor (2023): 1.579
- [JA13] **Prasath, P. R.**, & Bhat, C. S. (2022). Psychological capital as an antecedent to servant leadership in the counseling profession. *The Journal of Counselor Leadership and Advocacy, 1-15*. <http://doi.org/10.1080/2326716X.2022.2036269> ** (2 citations) Impact Factor (2022): 1.16
- [JA12] **Prasath, P. R.**, Xiong, Y., *Zhang, Q., & Jeon, L. (2022). Psychological capital, well-being, and distress of international students. *International Journal of Advancement in Counselling, 44*, 529-549. <https://doi.org/10.1007/s10447-022-09473-1> ** (6 citations) Impact Factor (2021): 1.58
- [JA11] **Prasath, P. R.**, *Lim, A., & Steen, S. (2021). A strengths-based support group for international students: A pilot study. *The Journal for Specialist in Group Work, 47*(1). 63-82. <https://doi.org/10.1080/01933922.2021.2000085> ** (6 citations) Impact Factor (2023): 0.595

- [JA10] Interiano-Shiverdecker, C. G., **Prasath, P. R.**, & *Aksoy Eren, R. N. (2021). Foreign-born counselor educators: Profile, strengths, and challenges. *International Journal for the Advancement of Counselling*, 44, 126-144. <https://doi.org/10.1007/s10447-021-09456-8> ** Impact Factor (2021): 1.58
- [JA9] Panjwani, S., Manyam, S., & **Prasath, P. R.** (2021). Immigration status and quality of life of Asian Indians in the U.S. *Asia Pacific Journal of Counseling*, 11(2), 109-124. <http://doi.org/10.18401/2021.11.2.7> ** Impact Factor (2023): 0.4
- [JA8] **Prasath, P. R.**, Chandrika Prasanna Kumaran, A., *Spears, J., & Jackson, K. L. (2021). Creativity in the classroom: A content analysis of The Journal of Creativity in Mental Health from 2005 to 2020. *The Journal of Creativity in Mental Health*, 1-22. <https://doi.org/10.1080/15401383.2021.1983493> ** (2 citations) Impact Factor (2022): 1.0
- [JA7] Speedlin, S., Haberstroh, S., Townsend, C., **Prasath, P. R.**, & *McVay, K. (2021). Participatory action research: Strategies for implementation in counseling outcome research. *Journal of Professional Counseling: Practice, Theory & Research*, 1-13. <https://doi.org/10.1080/15566382.2021.1949210> ** Impact Factor (2021): 0.3
- [JA6] **Prasath, P. R.**, Bhat, C. S., Mather, P. C., Foreman, T., & James, J. K. (2021). Well-being, psychological capital, and coping of university employees during the COVID-19 pandemic. *The Journal of Professoriate*, 12(1), 1-30. https://caarpweb.org/wp-content/uploads/2021/04/Wellbeing_psychological_capital_Prasath-121.pdf ** (8 citations) Impact Factor (2022): 1.0
- [JA5] **Prasath, P. R.**, *Morris, C., & MacCombs, S. (2021). Mindfulness-Based Strengths Practice (MBSP) group intervention: A systematic review. *Journal of Counselor Practice*, 12(1), 1-23. <https://doi.org/10.22229/asy1212021> ** (5 citations)
- [JA4] **Prasath, P. R.**, Lindinger-Sternart, S., & Duffey, T. (2021). Counselors as organizational leaders: Exploring parallels of servant leadership and professional counseling. *Journal of Counselor Leadership and Advocacy*, 8(2). 1-11. <https://doi.org/10.1080/2326716X.2021.1904460> (9 citations) Impact Factor (2022): 1.16
- Awarded *Professional Writing Award 2021*. Texas Counselors Association (TCA).
- [JA3] **Prasath, P. R.**, Mather, P. C., Bhat, C. S., & James, J. K. (2021). University student well-being during COVID-19: The role of psychological capital and coping strategies. *The Professional Counselor*, 11(1), 46-60. <https://doi.org/10.15241/prp.11.1.46> ** (31 citations) Impact Factor (2023): 1.4
- [JA2] **Selvaraj. P. R.**, & Bhat, C. S. (2018). Predicting the mental health of college students with psychological capital. *Journal of Mental Health*, 27(3). 279-287.

<https://doi.org/10.1080/09638237.2018.1469738> ** (106 citations) Impact Factor (2022): 3.681

- [JA1] Bhat, C. S., Ragan, M. A., **Selvaraj, P. R.**, & *Shultz, B. J. (2017). Online bullying among high-school students in India. *International Journal for the Advancement of Counselling*, 39(2), 112-124. <https://doi.org/10.1007/s10447-017-9286-y> ** (22 citations) Impact Factor (2021): 1.58

Books

- [BK2] Romero, D. E., Interiano-Shiverdecker, C. G., & **Prasath, P. R.** *Counseling survivors of sex trafficking: A guide to competent practice*. American Counseling Association. [Book in Preparation.]
- [BK1] Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (2015). *Group counselors share their favorite activities for the prevention and treatment of substance use disorder*. Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

Book Chapters

- [BC8] Steen, S. & **Prasath, P. R.** (in press; invited). Process observation and technology. In Choudhary, D. and McCarthy, C. (ed.). *Process Observation*. Taylor and Francis.
- [BC7] **Prasath, P. R.**, *Gregory, J., *Maghsoudi, M., Gonzalez, S. S., & *Morris, C. (2021). Theoretical approaches and modalities used with children and adolescents (p.129-174). In *The Child and Adolescent Counseling: An Integrated Approach* edited by Jones, B., and Durodoye, B. A., Springer Publications. **
- [BC6] **Prasath, P. R.**, & Copeland, L. (2020). Rationale and benefits of using expressive art techniques in supervision (p. 17-37). In *Techniques and Interventions for Play Therapy and Clinical Supervision*. IGI Global Publications. Scopus indexed. <https://www.igi-global.com/gateway/book/244521>
- [BC5] **Selvaraj, P. R.**, & Bhat, C. (2017). Positive psychology. In J. Carlson & S. Dermer (Eds.), *The Sage Encyclopedia of Marriage, Family, and Couples Counseling* (Vol. 3, pp. 1265-1266). SAGE Publications, Inc <https://doi.org/10.4135/9781483369532.n381>
- [BC4] Selvaraj, J., & **Selvaraj, P. R.** (2017). Parenting education. In J. Carlson & S. Dermer (Eds.), *The Sage Encyclopedia of Marriage, Family, And Couples Counseling* (Vol. 3, pp. 1235-1236). SAGE Publications, Inc <https://doi.org/10.4135/9781483369532.n371>
- [BC3] **Selvaraj, P. R.** (2016). Same-sex sexuality in Indian context. In *The Encyclopedia of Gender and Sexuality*. Wiley Publications.
- [BC2] Jackson, K. L., & **Selvaraj, P. R.** (2015). Sink or swim. In *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use*

Disorder. Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

- [BC1] **Selvaraj, P. R.**, & Selvaraj, J. L. (2015). Re-defining self. *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder*. Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

Refereed Publications Under Review

- [UR3] **Prasath, P. R.**, & Lorenz, T. (2022). *Role of psychological capital and gratitude in the relationship between stress and well-being among college students in the U.S.* [Manuscript revised] **
- [UR2] Romero, D. E., Interiano-Shiverdecker, C. G., & **Prasath, P. R.** (2023). *Research labs in counselor education: Promoting research engagement and identity.* [Manuscript submitted for publication] **
- [UR1] *Spears, J. R., *Duffey, M. E., & **Prasath, P. R.** (2022). *Examining counselor-in-training self-efficacy through a “choose-your-own-adventure” classroom activity.* [Manuscript submitted for publication] **

Manuscripts In Progress

- [IP10] **Prasath, P. R.** (2023, writing). *PsyCap development training for promoting career well-being among college students: A critical review.*
- [IP9] **Prasath, P. R.**, Romero, D. E., Interiano-Shiverdecker, C. G., *Rich, W. Z., & *Whiting, M. (2023, data analysis). *A scoping review of frameworks and models in treating sex-trafficking clients: Implications for training counselors.* **
- [IP8] **Prasath, P. R.**, *McVay, K., *Cruz, T., *Daou, C., & *Reyna-Ortega, G. (2023, data analysis). *Master’s students’ experiences working as peer Teaching Assistants in clinical master’s skills courses.* **
- [IP7] **Prasath, P. R.**, Interiano-Shiverdecker, C. G., Romero, D. E., Harrichand, J. J. S., & *Mendoza, L. G. (2023, data analysis). *Post-traumatic growth factors among sex-trafficking survivors in the US: A grounded theory approach.* **
- [IP6] Harrichand, J., **Prasath, P. R.**, Interiano-Shiverdecker, C. G., Romero, D. E., & *Smith, K. (2023, data analysis). *Social determinants of health with sex-trafficking survivors in the US.* **
- [IP5] **Prasath, P. R.**, *Lockhart, J., & *Daou, C. (2023, data analysis). *Reflections on counselor training by professionals with counseling degrees in administrative leadership roles.* **
- [IP4] **Prasath, P. R.**, Lorenz, T., & *Reyna-Ortega, G. (2023, data analysis). *El HERO que*

*lleva dentro? Translation and validation of the Spanish version of the revised Compound PsyCap Scale (CPC-12R). ***

- [IP3] Spears, J. R., Rich, W. Z., & Villalobos, N., & **Prasath, P. R.** (2023, data collection). *Attending to Neuromyths in Counselor Education by Integrating Neuro-Informed Cognitive Behavioral Therapy Course Content.*
- [IP2] Bhat, C. S., *Lyngdoh, A. C., Stevens, M. M., & **Prasath, P. R.** (2023, writing). *Strengthening counselor professional identity at the individual, organizational and public levels. ***
- [IP1] Stevens, M. M., *Strohl, S., Romero, D., Interiano-Shiverdecker, C., & **Prasath, P. R.** (2023, writing). *A phenomenological investigation of research identity among counseling students in a research lab. ***

Published Doctoral Dissertation

Selvaraj, P. R. (2015). *Using positive psychological capital to predict mental health in college students: Implications for counseling and higher education.* [Doctoral dissertation, Ohio University]. http://rave.ohiolink.edu/etdc/view?acc_num=ohiou1430740956 (21 citations)

Granting Activities

Pending

- 2023 *Evaluation of Project Worth's DreamSA Youth Engagement Initiative and Website.* (Co-PI, \$60,000). City of San Antonio Metro Health Project Worth. 5/15/2023-11/12/2023. Under Review. [Research]
- 2023 *The Brain Health Institute for TEachers (BRITE).* Bonner, E., **Prasath, P. R.**, & Wicha, N. (Co-PI, \$30,000). Brain Health Consortium- Collaborative Seed Grant. Under Review [Research].
- 2022 *Counselors Fight Against Modern Day Slavery: A Sex Trafficking Publication Project.* (Co-PI, \$247,293). National Endowment for the Humanities (NEH) Collaborative Research Program. Under Review. [Research]

Funded

- 2023 *UTSA Thrive: A Strengths-Based Approach to Student Success.* (Role- Faculty Research Consultant, \$242,859). Texas Higher Education Coordinating Board Accelerating Student Success Grant (THECB). End date 9/30/2023. [Research].
- 2022 Project titled - "*El HERO que lleva dentro - Validation of the Spanish version of the revised Compound PsyCap Scale (CPC-12R)*". INTRA Seed Grant Program. By the

- Office of the Vice President for Research, Economic Development, and Knowledge Enterprise (VPREDKE). (PI, \$5,000). Oct 1, 2022-July 21, 2023. [Research].
- 2022 Advancing UTSA's National Impact Travel Awards. *ACA conference*, Toronto. March 2023. (\$1000). [Research].
- 2022 VPREDKE Faculty Travel Support Program. *ACA conference*, Toronto. March 2023. (\$1000). [Research].
- 2021 *Counselors Against Sex Trafficking*. (Role: Other Collaborator; \$396,705). Texas Higher Education Coordinating Board, Minority Health Research and Education Grant Program. [Service].
- 2021 Advancing UTSA's National Impact Travel Awards. *Association for Specialist in Group Work (ASGW) conference*. (\$1500). February 2022. [Research]
- 2021 VPREDKE Faculty Travel Support Program. *ACA conference*, Atlanta. (\$1000). March 2022. Approved. [Research]
- 2021 VPREDKE Faculty Travel Support Program. *ASGW conference*. (\$1000). February 2022. Approved but declined. [Research]
- 2020 *A Mindfulness-Based Acculturation Group for International Students: A Pilot Study*. (PI, \$5,000). College of Education and Human Development Faculty Research Award. the University of Texas at San Antonio. Nov 30, 2020. [Research].
- 2020 UTSA Mini-Wellness Grant. (PI, \$1,500). COEHD Center for Student Success and Dept of Counseling sponsored wellbeing summit. [Instructional].
- 2018 *International Students' Support Group*. Academic Foundation Grant. Hardin-Simmons University; (PI; \$2,000). [Research].
- 2017 Cullen Funds. (PI; \$1,800). Grant for Travel to American Counselors Association Conference. Hardin-Simmons University. [Research].
- 2016 *Barbara Gazda Scholarship*. Association for Specialists in Group Work. (\$100). [Instructional]
- 2015 *Travel Award*. Patton College of Education. American Counselor Association, Orlando, Florida. (\$300). [Research].
- 2015 *Volunteer Scholarship*. Association for Specialists in Group Work (ASGW). For American Counseling Association Conference. (\$150). [Service].
- 2014 *Travel Award*. Patton College of Education. Association for Lesbian, Gay,

Bisexual and Transgender Issues in Counseling (ALGBTIC) conference, New Orleans, Louisiana. (\$500). [Research].

- 2014 *Travel Award*. Patton College of Education. Interdisciplinary Supervision Conference. New York. (\$500). [Research].
- 2014 *Non-dissertation Research Award*. (PI; \$1000). Patton College of Education, Ohio University. [Research].
- 2013 *Travel Award*. Patton College of Education. All Ohio Counselor Conference (AOCC). Columbus, Ohio. (\$200). [Research].
- 2013 *Travel Award*. Patton College of Education. Association for Counselor Education And Supervision (ACES) conference. Denver, Colorado. (\$500). [Research].

Not Funded

- 2023 *A qualitative exploration of the effectiveness of a pilot Sex Trafficking Training Program: Counselor trainees and site supervisors' perspectives*. (PI, \$500). Texas Counselor Educators and Supervisors (TACES) Research Award. [Research].
- 2021 *Evaluation of College Students' Psychological Capital for Promoting Academic Adjustment and Optimal Wellbeing During the COVID-19 Pandemic and Beyond*. (PI, \$20,000). Grants for Research Advancement and Transformation (GREAT) program, Office of the Vice President for Research, Economic Development, and Knowledge Enterprise, the University of Texas at San Antonio. Grant FY 2022. [Research].
- 2020 Leading Emerging and Diverse Scientists to Success (LEADS) Program. (PI, \$2,000). The Institute for Clinical Research Education (ICRE). Spring 2020. [Research].
- 2020 *Project SICC Training and Development [Strengths-Integrated Coaching and Counseling program]*. (PI, \$20,000). Grants for Research Advancement and Transformation (GREAT) Grant FY 2020. The University of Texas at San Antonio. [Research].

Scholarly Presentations

(*presentation with students)

International – Refereed Contributions

Prasath, P. R., Interiano-Shiverdecker, C.G., & Romero, D. E., *Rich, W. Z., & *Whiting, M. (2023, March). *A “how-to” training guide for effectively serving sex trafficking clients*. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada.

Romero, D. E., **Prasath, P. R.**, Interiano-Shiverdecker, C. G., Harrichand, J. J. S., & *Martin, J. (2023, April). *Surviving sex trafficking: A phenomenological study*. [Research session]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada.

Xiong, Y. & **Prasath, P. R.** (2023, April). *International students' perceived discrimination during the COVID-19 pandemic*. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada.

Ybanez-Llorente, K., **Prasath, P. R.**, Guth, L., Coombs, A., & Champe, J. (2023, April). *Meeting the needs of marginalized populations through group work- Panel – ASGW invited presentation* (focus on counseling international students). [Panelist]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada.

Selvaraj, P. R. & Bhat, C. S. (2016, April). *Psychological capital: A new predictor of mental health among college students*. [Education session]. American Counselors Association (ACA) Conference and Expo, Montreal, Canada.

Selvaraj, P. R., & Ajitha, C. P. (2012, February). *Sexual abuse via internet, emphasizing the role of parents*. International Seminar on Psycho-Social Factors in Child Sexual Abuse. Sri Kanyaka Parameshwari Arts & Science College for Women, Chennai, India.

Kemilt & **Selvaraj, P. R.** (2011, February). *Emotional competence in working and non-working women: A correlational study*. The 46th National and 15th International Conference of Indian Academy of Applied Psychology (IAAP). Life Skills for Quality of Life, India.

National - Refereed Contributions

*Morris, C. & **Prasath, P. R.** (Nov 2022). *Exploring the effects of mindfulness-based strengths practice group program in counselor education and supervision*. [Roundtable presentation]. Southern Association of Counselor Educators and Supervisors (SACES) 2022 Conference, Baltimore, MD.

Interiano-Shiverdecker, C.G., Romero, D. E., **Prasath, P. R.**, *Satel, E., *Smith, K., & *Whiting, M. (Nov 5, 2022). *Advocating for research labs in counseling programs*. Poster session to be presented at the Southern Association of Counselor Educators and Supervisors (SACES). Baltimore, MD.

Prasath, P. R., Prasanna Kumaran, A. J., & *Spears, J. R. (Oct 17-21, 2022). *Creativity + Research = Systematic content analysis to explore creative teaching*. 60-min education session. The American Counseling Association. ACA 2022 Virtual Conference Experience.

Xiong, Y., **Prasath, P. R.**, *Zhang, Q., Jeon, L. (Oct 17-21, 2022). *International students' perceived discrimination and psychological distress*. 60-min education session. The American Counseling Association. ACA 2022 Virtual Conference Experience.

Xiong, Y., **Prasath, P. R.**, *Zhang, Q., Jeon, L. (Oct 17-21, 2022). *A Mindfulness-Based Acculturation Group for International Students*. 60-min education session. The American Counseling Association. ACA 2022 Virtual Conference Experience.

*Zhang, Q., Xiong, Y., **Prasath, P.**, & *Byun, S. (August 2022). *The relationship between international students' perceived discrimination and overall health: A mediation*

analysis. [Poster]. Annual meeting of the American Psychological Association Convention, Minneapolis.

Prasath, P. R. & Anandavalli, S. (May 27-28 2022). Toolbox for servicing Asian-Indian immigrant clients. *Association for Humanistic Counseling's (AHC) 2022 Annual Conference*. Nashville, Tennessee.

Xiong, Y., **Prasath, P. R.**, *Zhang, Q., & Jeon, L. (April 2022). A mindfulness-based acculturation group for international students. *2022 American Educational Research Association (AERA) Annual Meeting*. In the Division E - Counseling and Human Development/Division E - Section 1: Counseling. April 21-26, 2022. San Diego.

Prasath, P. R. & Bhat, C. S. (March 2022). Mental health status of college students in US before and during pandemic: Comparative analysis. *American Counselors Association*. Atlanta, Georgia.

Prasath, P. R., & Bhat, C. S. (Feb 2022). Psychological capital development group training. *Association of Specialist in Group Work (ASGW) Conference* at Jacksonville, FL.

Jackson, K. L., **Prasath, P. R.**, & *Bhatia, R. (Feb 2022). Online experiential training groups: A Guide to planning, facilitating, and supervising. *Association of Specialist in Group Work (ASGW) Conference* at Jacksonville, FL.

Interiano-Shiverdecker, C. G., **Prasath, P. R.**, & *Aksoy Eren, R. N. (October 7, 2021). Foreign-born Counselor Educators Profile Strengths and Challenges. *ACES 2021 conference* in Atlanta, GA.

Prasath, P. R., Chandrika Prasanna Kumaran, A., Jackson, K. L., & *Spears, J. (October 10, 2021). Creativity in the Classroom: A Systematic Content Analysis of the Journal of Creativity in Mental Health. *ACES 2021 conference* in Atlanta, GA.

Chandrika Prasanna Kumaran, A., **Prasath, P. R.**, *Oyenyi, O., & *Therthani, S. (June 25, 2020). Panel Discussion on Job Search and Beyond: International Counselor Educators. *Association for Multicultural Counseling and Development (AMCD) Virtual Conference*.

Prasath, P. R. & Jackson, K. L. (Jan 29-Feb 1, 2020). Mindful photography: Creative group intervention for promoting self-care among Latinx youth. *Association of Specialist in Group Work (ASGW) Conference* at Puerto Rico.

Prasath, P.R. & Jackson, K. L. (Oct 10-13, 2019). Mindful photography: Creative intervention for promoting self-care among counselor education students. *ACES Conference* at Seattle, WA.

Selvaraj, P. R., & *Shaw, J. (Mar 21-23, 2019). Relationship between Compassion and Post-Critical Beliefs of Individuals; *Christian Association of Psychological Studies conference*, Dallas.

*Grover, J., *Tidwell, E., *Rozeboom, D., Swenson, J. E., **Selvaraj, P. R.** & Copeland, L. (Mar

21-23, 2019). The relationship between personality traits and post-critical beliefs; *Christian Association of Psychological Studies conference*, Dallas.

Selvaraj, P. R., & Pillay, Y. (June 12-14, 2014). Proposing a creative new model called the "Solution-Focused Brief Recall Process" (SFBRP) of Supervision. *Interdisciplinary Supervision conference*. Adelphi University. New York.

Selvaraj, P. R., & Jackson, K. L. (Feb 1-3, 2018). New to teaching group course? 90 min pit-stop to acquire creative teaching. Roundtable presentation; 2018 *Association for Specialists in Group Work (ASGW) Conference*, Savannah.

*Cave, Z., & **Selvaraj, P. R.** (2018). Enhancing LGBT+ competency in counselors, educators, and supervisors: What you can do for underserved LGBT+ clients. *Bi-annual Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC) Conference*. Portland, Oregon.

Selvaraj, P. R., *Lim, A., *Cave, T., & *Cave, T., (Feb 1-3, 2018). International Students' Group Using Positive Psychology Interventions. Oral presentation at 2018 *Association for Specialists in Group Work (ASGW) Conference*, Savannah.

Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (March 14, 2015). therapeutic groups for substance use disorder: An experiential session. *ACA 2015 Conference & Expo*. Orlando, FL.

Selvaraj, P. R., & Bhat, C. S. (October 7-11, 2015). Examining the positive psychological capital of adult survivors of childhood trauma among college students. *ACES Conference*. Philadelphia Marriott Downtown, Philadelphia, PA.

Selvaraj, P. R., Jackson, K. L., & Bhat, C. S. (August 6-7, 2015). It's a family affair: Assisting families flourish through positive psychology. *Association For Adult Development And Aging 2015 Annual Conference*. Roosevelt Hotel, NY.

Selvaraj, P. R., & Bhat, C. S. (September 19-20, 2014). Building Positive Psychological Capital: Addressing the Mental Health and Adjustment Issues of LGBT College Students from a Strengths-Based Perspective. Roundtable presentation at the inaugural *ALGTBIC National Conference*. New Orleans, Louisiana.

Jackson, K. L., & **Selvaraj, P. R.** (September 19-20, 2014). It's Time to Flight- Strategies to Tackle Bullying among LGBTQ Students in Schools. The inaugural *ALGTBIC National Conference*. New Orleans, Louisiana.

Jackson, K. L., **Selvaraj, P. R., & Pillay, Y.** (October 17-20, 2013). Removing My Foggy Lens: Learning Acceptance of Religious Ideologies through Supervision. *American Counselor Education and Supervision (ACES) Conference*. Denver, Colorado.

State and Regional–Refereed Contributions

Prasath, P. R., *Lockhart, J., *Daou, C., *Reyna-Ortega, G. (2023). *Perceptions on counselor training: Voices of professionals with counseling degrees in administrative leadership*

roles outside of traditional counseling settings. [Poster Presentation]. Texas Association Counselor Education and Supervision Conference, Georgetown, Texas.

Prasath, P. R., & *Reyna-Ortega, G. (2023). *El HERO que lleva dentro? Translation and validation of the Spanish version of the revised compound PsyCap scale (CPC-12R).* [Poster Presentation]. Texas Association Counselor Education and Supervision Conference, Georgetown, Texas.

*Spears, J. R., *Duffey, M., *Daou, C., & **Prasath, P. R.** (2023). *It depends: Examining student self-efficacy through a 'choose-your-own-adventure' classroom activity* [Poster Presentation]. *Texas Association Counselor Education and Supervision Conference,* Georgetown, Texas.

*Spears, J. R., *Duffey, M., & **Prasath, P. R.** (2022). *Two paths diverged: Using a 'choose-your-own-adventure' activity to increase student self-efficacy.* [Poster Presentation]. *Texas Counseling Association Professional Development Conference,* Dallas, Texas.

Prasath, P. R., Chandrika Prasanna Kumaran, A., Jackson, K. L., & *Spears, J. (November 4, 2021). Creativity in the Classroom: A Systematic Content Analysis of the Journal of Creativity in Mental Health. *TCA 2021 conference* in Galveston, GA.

*Morris, C., & **Prasath, P. R.** (Feb 27 – 28, 2020). Using Mindfulness to Build Positive Relationships and Psychological Well-Being Post Trauma. *2020 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference.* Oral paper presentation. SA, TX.

Prasath, P. R. (Feb 27 – 28, 2020). Enhancement Of Personal And Professional Development Of Supervises Through The Use Of Expressive Arts Modalities. *2020 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference.* San Antonio. Paper Presentation on Feb 28.

*Duffey, M., *Villalobos, N., & *Morris, C.. (Feb 27 – 28, 2020). Redefining the Strengths-based Approach to Counseling and Counselor Education. *2020 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference.* San Antonio. [Poster Presentation] (Presentation without authorship; student mentorship)

Selvaraj, P. R. (Feb 28-March 1, 2019). Practical Strategies for Integrating the Science and Practice of Positive Psychology into Marriage and Family Counseling: Insights from Research. *2019 Texas Association of Counselor Education and Supervision (TACES) Mid-Winter Conference.* Dallas, Texas

Brewer, J. & **Selvaraj, P. R.** (October 25-27, 2018). The Neuroscience of psychological capital and brain physiology based temperament constructs for PT. Henry B. Gonzalez Convention Center. *Texas Association of Physical Therapist Conference (TAPT).* San Antonio, TX.

Selvaraj, P. R., *Lim, A., *Cave, Z., & *Cave, T. (March 1-2, 2018). evidence-based creative approaches in working with international students: Group counseling implications for

educators and clinicians. *2018 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference*. Austin, TX.

*Shaw, J., *Grover, J., **Selvaraj, P. R.**, & Swenson, J. E. (Nov 17, 2018). The Relationship Between Personality, Post-Critical Beliefs, Belief in Supernatural Entities, Compassion and Religious Orientation. *Annual Texas Psychological Association (TPA) conference*, Dallas, TX.

Selvaraj, P. R. & Rosenblad, S. (March 2-3, 2017). Building Flourishing Families: Adapting Positive Psychology Techniques as a Best Practice, *Texas Association for Counselor Education and Supervision (TACES) conference*, at Austin, TX.

Swenson, J. E., **Selvaraj, P. R.**, et al. (March 31-April 2, 2017). Mental Health Needs in Rural Big Country Texas. *Southwestern Psychological Association 2017 Conference at San Antonio, Texas*.

Selvaraj, P. R. (October 21-24, 2015). Using Psychological Capital to Predict Mental Health of College Students: Implications for Counseling and Higher Education, the *Annual Meeting of the Mid-Western Educational Research Association (MWER)*, at the Hilton Orrington Hotel, Evanston, Illinois.

Selvaraj, P. R., Bhat, C. S., Machtmes, K., & Ragan, M. (November 12-15, 2014). HERO within Adult Survivors of Childhood Trauma: An Analysis of a Pilot Study. *Mid-Western Educational Research Association (MWER)* conference. Evanston, Illinois.

Jackson, K. L., **Selvaraj, P. R.**, Henry, J. S., & Bhat, C. S. (November 6-8, 2013). "Ctrl" + "APP" + "Del": Troubleshooting Interventions for Internet Crimes. *All Ohio Counselors Conference (AOCC)*. Columbus, Ohio.

Bhat, C. S., Kalkan, B., **Selvaraj, P. R.**, & Knowles, D. (November 6-8, 2013). The Role of Pivotal Childhood Memories on Client Views. *All Ohio Counselors Conference (AOCC)*. Columbus, Ohio.

Local – Scholarly Contributions

Prasath, P. R., *Spears, J., & *Duffey, M. (2020). Unleashing Power of Strengths. *Wellbeing Summit*. November 30, 2020. Online workshop at the UTSA.

*Grover, J., *Tidwell, E., *Sucrese, A., Swenson, J. E., **Selvaraj, P. R.**, & Copeland, L. (2019, April). The relationship of personality traits to supernatural beliefs, religious commitment, and one's willingness to face difficult existential questions. *Texas Tech Undergraduate Research Conference*.

*Tidwell, E., *Grover, J., *Sucrese, A., Swenson, J. E., **Selvaraj, P. R.**, & Copeland, L. (2019). The relationship between gender, age, and political affiliation with religious commitment and beliefs. *Abilene Christian University Conference for Undergraduate Research*.

Spring 2017. Mentored 8 research projects of undergraduate “Intro to Research Methods” course students. The topics were in the areas of relationships, happiness, optimism, love, forgiveness, altruism, resilience, and gratitude. Presented at *HSSM Research Symposium* at HSU.

Selvaraj, P. R. (April 11, 2014). Proposing creative, practical, and positive interventions for enhancing psychological health and well-being among college students. *Annual Creativity and Research Expo*. Ohio University. [Awarded First Prize in Division].

Selvaraj, P. R. (2014, April 13). Proposing creative, practical, and positive interventions for enhancing psychological health and well-being among college students. *The fourth Annual GEA Conference*. Patton College of Education. Ohio University.

Selvaraj, P. R., & Arora, A. (2013, April 13). Re-defining solidarity: A third world vision. *The 3rd Annual Graduate Education Association (GEA) Conference*. Patton College of Education. Ohio University, Athens, Ohio.

Selvaraj, P. R. (2013, April 13). Music therapy and Counseling. *The 3rd Annual Graduate Education Association (GEA) Conference*. Patton College of Education. Ohio University, Athens, Ohio.

Selvaraj, P. R. (2013, April 2). Interventions for enhancing psychological health and well-being among college students. *International Students Union Research Event*. Ohio University.

Henry, J., Jackson, K. L., & **Selvaraj, P. R.** (2013, February 21). Barefoot Crusade-Veterans Suicide Awareness. *Youngstown University*. Ohio.

Speaking Engagements, Keynotes, and Invited Presentations

Prasath, P. R. (April 5, 2023). *How to succeed as doctoral student and as a new professional in Counselor Education*. Guest speaker; Doctoral students at Ohio University. Invited by Dr. Christine Suniti Bhat.

Prasath, P. R. (2022). *Preparing for a Career as a Counselor Educator*. Doctoral Brown Bag CSI on Thursday, October 27, from 1-2 pm. Invited by Madelyn Duffey.

Prasath, P. R. (2022, Sep 2022). Guest speaker on *Technology and skills in teaching*. To doctoral Counselor Education students in UTSA. Invited by Dr. Catherine Somody.

Prasath, P. R. (2021, Oct 21). Guest speaker on *Technology and skills in teaching*. To doctoral Counselor Education students in UTSA. Invited by Dr. Catherine Somody.

Prasath, P. R. (Sept 2020). Guest speaker on *Professional Experiences as Counselor Educator*. To first-year doctoral students. Invited by Dr. Heather Trepal.

Prasath, P. R. (May 2020). Keynote speaker on *Department of Counseling Graduation Day*. Online.

Selvaraj, P. R. (July 3, 2019). Guest speaker on “International Group Counseling: Best Practices”. Zoom Lecture in Advanced Group Counseling Course. Invited by Dr. Kendra Jackson at *Cornerstone University*, Grand Rapids.

Selvaraj, P. R. & Chendurpandi Subramanian, P. (April 7, 2019). Guest speaker on “Gaining Multicultural Perspective On Indian Cultural Marriage Traditions: Using Story-telling Method” Invited to *2019 Spring Freshman Year Seminar Course at Hardin-Simmons University, Abilene, TX* by Dr. Jana Wesson-Martin.

Selvaraj, P. R. (Jan 11, 2019). Guest speaker on “Autobiographical Account of Acculturation Journey: Psychological, Social and Academic Implications”. *International Students Orientation*. Spring 2019, *Hardin-Simmons University, Abilene, TX*

Selvaraj, P. R. (August 21, 2018). Guest speaker on “Cultural Acculturation”. *International Students Orientation*. Fall 2018, HSU.

Training and Development

Prasath, P. R. (April 20, 2023). Trainer at the *UTSA Thrive Student Focus Groups Facilitator Training*. Center for Student Success. UTSA.

Prasath, P. R. (January 19, 2023). Virtual workshop session for Counselors in Training on *Clifton Strengths Assessment-Session #2*. Center for Student Success, UTSA.

Prasath, P. R. (January 19, 2023). Virtual workshop session for Counselors in Training on *Clifton Strengths Assessment-Session #1*. Center for Student Success, UTSA.

Prasath, P. R. (August 2022). Lecture on *Module 4- Strengths-based Approaches to Counseling Sex-Trafficking Clients*. Counselors Against Sex Trafficking (CAST) Training Days.

Prasath, P. R. (April 20, 2022). Lecture on *Strengths-based Group Work with International Students: How-To Guide*. Southern Oregon University.

Prasath, P. R. (Oct 15, 2021). Workshop session on *Clifton Strengths Assessment. Growing leaders today Workshop-1*. COEHD Leadership Academy. UTSA.

Prasath, P. R. (Sept 28, 2021). Keynote speaker on *COVID-19 Wellbeing and Wellness*. Commerce Department. Association inauguration 2021. Justice Basheer Ahmed Sayeed College for Women, Chennai, India.

Prasath, P. R. (Sept 25, 2021). Guest speaker on *Wellness Workshop*. Sigma Alpha Chi Chapter, UTSA. Chi Sigma Iota.

Prasath, P. R. (2021, January 13). Unleashing power of strengths through CliftonStrengths. *COEHD training session for counseling trainees*. COEHD Center for Student Success. UTSA.

- Selvaraj, P. R.** (July 21, 2018). Guest speaker for 1-day session on “Psychological Wellness and Health”, “Youth with Faith and Sound Mind”, and “Parenting” Workshop. *Seventh Day Adventist Church, Chennai (India)*.
- Selvaraj, P. R.** Lim, A., Cave, T. (April 21, 2018). Guest presenters on “Positively International: Implications for Science Faculty & Students.” *HSSM Research Society Meeting, HSU*.
- Selvaraj, P. R.** (March 6, 2018). Guest speaker via YouConnectU; *Group counseling with an international population*. Invited by Dr. Kendra Jackson. For Group Counseling Course, Cornerstone Theological Seminary, Michigan.
- Selvaraj, P. R.** (Jan 1, 2018). Panelist, *Cultural Discussion Panel*. International Faculty Represented. Hardin-Simmons University. Abilene, TX.
- Selvaraj, P. R.** (Nov 17, 2017). Guest speaker: UT Arlington, Lutheran Student Center on “culture and psychology: understanding international students’ journey”.
- Selvaraj, P. R.** (Nov 8, 2017). Guest speaker: FYSM Food & Culture Class. Hardin-Simmons University on “Indian Food”.
- Selvaraj, P. R.** (April 7th, 2017). Speaker for “Psychological Research”. HSSM Research Society Meeting, HSU.
- Selvaraj, P. R.** (Jan 9, 2017). Abilene Christian Elementary School, Presented on “India- History, Heritage, Culture, and Practices”.
- Selvaraj, P. R.** (January 19, 2017). Guest lecture, *Indian culture, and traditions*. Abilene Christian School.
- Selvaraj, P. R.** (March 12-15, 2015). International students’ panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Orlando, Florida.
- Selvaraj, P. R.** (February 27, 2015). Panelist, *The world comes to McCracken: Globalizing the Curriculum through International Students’ Eyes*. International students’ panel discussion. Patton College of Education International Advisory Committee. Ohio University.
- Selvaraj, P. R.** (August 22, 2014). Panelist, *Sharing Success Stories*. Counselor Education Program Orientation. Patton College of Education. Ohio University, Athens, Ohio.
- Selvaraj, P. R.** & AERN Team (March 2014). Presented on *Indian Culture*. Meigs County Schools, Ohio.
- Selvaraj, P. R.** (Nov 14, 2013). Panelist, *Education without borders: Books, Botswana & Beyond*. International faculty and student panel discussion. Patton College of Education International Advisory Committee. Ohio University.

Selvaraj, P. R. (April 10, 2013). Invited Talk, *Homesickness and International Students Life on Campus*. Represented International Students Outreach (ISO) Association. Ohio Program of Intensive English (OPIE). Grover Center. Ohio University.

Selvaraj, P. R. (March 21-23, 2013). International students' panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Cincinnati, Ohio.

Selvaraj, P. R. (February 1, 2013). Panelist, *Putting the 'WOW' in the International Student Library Experience*. Intercultural Communication Training, Alden Library staff development, invited by Dr. Yea-Wen Chen.

Selvaraj, P. R. (November 22, 2012). *Close Relationships from a Cultural Perspective*. Undergraduate Class of Human Relations Course. Invited by Kendra Jackson.

AWARDS AND HONORS

International/National Awards

2023 *George E. Hill Memorial Award 2022-2023*. Ohio University Counselor Education program. Awarded virtually on May 2, 2023.

2023 *Professional Advancement Award*. Association for Specialists in Group Work (ASGW) 2023. Awarded on April 30, 2023 at the American Counseling Association (ACA) conference, Toronto, Canada.

2023 Nominee, *Outstanding Counselor Educator Award 2023*. Texas Association of Counselor Educators and Supervisors (TACES).

2022 Nominee, *Locke-Paisley Outstanding Mentor Award*. Southern Association of Counselor Educator and Supervisor (SACES).

2021 *Professional Writing Award 2021*. Texas Counselors Association (TCA).

2021 *Outstanding Teaching Award 2021*. Southern Association of Counselor Educators and Supervisors (SACES).

2020 *Association for College and University Educators (ACUE) Teaching Fellow – Credential in Effective College Instruction*. (\$1,000 awarded)

2019 Nominee, *Locke-Paisley Outstanding Mentor Award*. Southern Association of Counselor Educator and Supervisor (SACES).

2013 *Scholarship Recipient*. Association for Specialist in Group Work (ASGW) Volunteer. American Counseling Association conference, Cincinnati, Ohio; \$200. (Public Service).

2011 *First Prize and the Best Paper Presentation Award- Fr. John Peter Award, National Level competition organized by Divyolaya (INDIA)*

University Awards

2023 *Outstanding Research Award. Sigma Alpha Chi Chapter of Chi Sigma International Iota. University of Texas at San Antonio.*

2023 Nominee (Finalist). *Presidential Teaching Excellence Award. University of Texas at San Antonio.*

2021 Nominee (Finalist). *Presidential Teaching Excellence Award. University of Texas at San Antonio.*

2015 *Annual Creativity Research Expo, First Prize, Ohio University.*

2014 *Outstanding Research Award, The Alpha Chapter of Chi Sigma Iota.*

2014 *Donald A. Green Memorial Award, The Patton College of Education, Ohio University.*

2014 *Annual Creativity Research Expo, First Prize & Library Expo Award Finalist, Ohio University.*

2010 *First Prize Certificate of Excellence and First Rank Certificate of Excellence, Highest English Course score (I & II year B.Sc. [2008-2009]), Highest marks in all three majors and overall undergraduate degree, Teresian College, Mysore (India).*

MEDIA CONTRIBUTIONS AND HIGHLIGHTS

UTSA announces nominees for 2023 University Excellence Awards. UTSA Today. (March 22, 2023). <https://www.utsa.edu/today/2023/03/story/university-excellence-awards-2023.html>

Prof Talk. Podcast. *Clinical mental health counseling*. Host: Alicia Swan and Monica Lawson on Jan 24th 2023 <https://www.twitch.tv/videos/1717694958>

American Counseling Association (ACA) Podcast (November 17, 2022). *What counselors need to know about sex trafficking*. Presenters: Drs. Romero, Interiano-Shiverdecker, & Prasath.

UTSA COEHD Research Twitter. *Faculty research spotlight series*. <https://express.adobe.com/page/ygbyWZtkXm4wI/>

UTSA Knowledge Enterprise awards annual seed grants to expand faculty research (August 8, 2022). UTSA Today. <https://www.utsa.edu/today/2022/08/story/knowledge-enterprise-awards-annual-seed-grants.html>

UTSA COEHD News. (October 29, 2021). *Professor receives two prestigious awards*. Retrieved from <https://education.utsa.edu/news/2021/prasath-two-awards.html> (written by Chris Reichert)

University of Texas at San Antonio News (UTSA) Today. (September 9, 2021). *Counseling professor helps others emerge from pandemic stress*. Retrieved from <https://www.utsa.edu/today/2021/09/story/prasath-priscilla-helps-others-emerge-from-pandemic-stress.html>

Prasath, P. R. (September 8, 2021). *UTSA's Priscilla Prasath on Positive Psychology*. Retrieved from <https://youtu.be/QqY-7ATfOls>

Prasath, P. R. (September 14, 2021). *Healthy Minute*. WTEL-AM (Black Information Network) Philadelphia. https://app.criticalmention.com/app/#/clip/public/6ddf2e6e-d3af-4670-81aa-448add2b1427?show_sentiment=false (audience: 2.7k)

Prasath, P. R. (September 10, 2021). *Talk News*. WOAIAM (Newsradio) San Antonio. https://app.criticalmention.com/app/#/clip/public/2330468d-beb0-4b24-9b1e-83f3921146bf?show_sentiment=false (audience: 114.4k)

University Excellence Awards ceremony and nominees announced (April 6, 2021). UTSA Today. <https://www.utsa.edu/today/2021/04/story/university-excellence-awards-nominees-announced.html>

TEACHING ACTIVITIES

Courses Taught:

The University of Texas at San Antonio

COU 5213	Counseling Theories
COU 5393	Development: Counseling Skills
COU 5713	Clinical Mental Health Counseling Internship I
COU 5723	Clinical Mental Health Counseling Internship II
COU 6153	Career Development & Choice

Hardin-Simmons University

PSYC 1301	Introduction to Psychology
COHD 2099	Science of Happiness and Well-being
COHD 6315	Human Growth and Development
PSYC 6305	Advanced Research Methods
CCMF 6304	Basic Skills & Techniques in Counseling
CCMF 6345	Advanced Group Therapy
COHD 6375	Practicum in Counseling I
COHD 6376	Practicum in Counseling II

CCMF 6362 Community Counseling
PSYC 3342 Multicultural Studies

Trinity International University

CO 6510 Human Growth and Development
CO 7900 Research Methods
CO 6950 Counseling Practicum
CO 6130 Group Counseling
CP 7961 Internship in Counseling
CP 5145 Mental Health Consultation

Ohio University Chillicothe (co-teaching)

EDCE 7245 Counseling Children and Adolescents

Ohio University (co-teaching)

EDCE 8520 Advanced Group Counseling
EDCE 6550 Counseling Theory and Techniques
EDCE 6500 Group Counseling I
EDCE 6920 Clinical Practicum

Dissertation Committees:

Chair and Co-Chair

Ashley King (Graduated, May 2023)

Factors associated with using a family systems perspective by counselors in training during internship.

Crystal Morris (Graduated, December 2022)

Silent no more: Exploring the effects of mindfulness-based strengths practice on relationship satisfaction, mindfulness, and well-being in female survivors of military sexual trauma.

Justin Lockhart (In progress)

Member

Katherine McVay (Graduated, May 2023)

Rural Counseling Competencies: A Delphi Study

Emily Horton (Graduated, December 2021)

Counselors' -in-training experience of the influence of role-play on learning and development;

Bianca Goodrum (Graduated, December 2019)

Being well while holding space for grieving clients: A narrative study

Ross Spears (In progress)
 Tatiana Cruz (In progress)
 Dhruvi Patel (In progress)

Certification and Teaching-Related Professional Development Training

Member, Office of Inclusive Excellence The Tenure Track Networking Club	2020-present
Association for College and University Educators (ACUE) Teaching Fellowship Credential in Effective College Instruction, Virtual	2021
Innovation Academy, Faculty success center, UTSA	2021
Quality Matters Rubrics Course, Virtual	2020
Accelerated Gallup Strengths Coaching – Certified Strengths Coach, Virtual	2020
Introduction to Panopto Video, UTSA Academic and Faculty Support (July 30)	2020
New Faculty Academy Teaching Workshop: Promoting Higher Order Thinking UTSA Academic and Faculty Support (Feb 2)	2020
Project Management in the Academic World UTSA Academic and Faculty Support (Feb 13)	2020
NSF Career Panel, UTSA Academic and Faculty Support (Feb 7)	2020
New Faculty Academy Teaching Workshop: Active Learning Techniques UTSA Academic and Faculty Support (Jan 29)	2020
Federal Grantseeking: Dept. of Education (ED) (Nov 7) UTSA Academic and Faculty Support	2019
New Faculty Academy Teaching Workshop: Designing an Effective Course UTSA Academic and Faculty Support (Nov 7)	2019
Research Proposals and Budget Development UTSA Academic and Faculty Support (Nov 26)	2019
Blackboard Essentials, UTSA Academic and Faculty Support (Nov 17)	2019
Are you Teaching Online? Offer Virtual Sessions and Office Hours through Bb UTSA Academic and Faculty Support (Nov 10)	2019

Prior to Joining UTSA

<i>CACREP Self-Study Training</i> American Association of Christian Counseling, Nashville, TN	2015
Certified Crime Victim Advocate, Regional Victim Crime Center Abilene, TX	2018-2019
Completed online “GG101x: The Science of Happiness” University of California Berkeley	2019
Certificate of Achievement, Top 10 Security Awareness Fundamentals	2017
Completed Transaction Analysis 101 Course, Bharathiar University, India	2011
Diploma in Computer Application, Council of Education and Training Mysore, India	2008-2009

SERVICE ACTIVITIES

Department Service [Dept of Counseling, UTSA]

Course Sequence Committee, Member	2023-present
Adjunct Faculty Coordinator, Co-Coordinator	2022-present
Fitness to Practice Committee, Chair, Committee 3 Members: Catherine Somody & John Harrichand	2022-2023
Fitness to Practice Committee, Member Committee 2 Chair: Jessica Lloyd-Hazlett	2022-2023
CACREP Committee, Member Chair: Claudia Interiano-Shiverdecker	2022-present
CMHC Admissions and Scholarship Committee, Member	2022-present
Grades Appeals Committee, Member Chair: Chris Leeth	2022-present
Addictions program exploratory committee, Member Chair: Heather Trepal	2021-2022
Department Liaison to COEHD Center for Student Success Chair: Norma Guerra	2019-2021
Department Liaison to COEHD Leadership Academy Chair: Thelma Duffey	2021-present
Fitness to Practice Committee, Member Committee 1 Chair: Jessica Lloyd-Hazlett	2021-2022

College Service [COEHD]

College Academic Policy and Curricula Committee (CAPCC), Member	2022-present
Strategic Planning Committee	2022-present
Research and Development Committee, Member	2022-present
College Technology Committee, Member	2020-present
Leadership Academy, Steering Committee Member	2020-present
Faculty Library Liaison Committee, Member	2020-present

University Service [UTSA]

Canvas Faculty Champion to Dept of Counseling – Bb to Canvas migration support	2022-present
Faculty Champion to the Dept of Counseling - F2F to Online migration support	2020-2022
UTSA Police Department partnership with the Department of Counseling Wellbeing and mental health training and development, Member	2021-2022

Professional Service

Association for Specialists in Group Work (ASGW) Elected for Secretary position	2022-present
Awards committee chairperson	2021-2022
Strategic Communication Committee, Chair	2018-2021
Editor and Reviewer for National Newsletter, <i>The Group Worker</i>	2018-2019

Awards committee co-chair and reviewer	2018-2020
Conference proposal reviewer	2018
Conference volunteer	2012-2016
Chi Sigma Iota International	
Counselor Community Engagement Committee (CCE) Member	2018-2021
CFA Training Participant at ACA Conference	2019
Association of Counselor Education and Supervision (ACES)	
Conference Proposal Reviewer	2015, 2017
Journal for Creativity in Mental Health	
Reviewer	2019-2020
American Counseling Association (ACA)	
Ohio University counseling program booth	2015
Conference volunteer	2012- 2014
All Ohio Counselor Conference (AOCC)	
Conference volunteer	2014
Southwest Academy of Management (SWAM)	
Conference paper reviewer	2016

Previous Service Experience

Hardin-Simmons University

Clinical Faculty Supervisor for Master's Students	2016-2019
Primary Chapter Faculty Advisor, Eta Sigma Upsilon, CSI Chapter	2018-2019
Wallace Prison Visit, Day with the Dad Program	2017
HSU Department of Counseling CACREP Accreditation Visit Team Member	2016
Institutional Review Board (IRB)	2018-2019
Judge for the HSSM Research Conference	2017-2018
Interviewer for Honors Students Recruiting	2018
Volunteer at Western Heritage Day	2018
Support Group for International Students	2017-2019
International Students Orientation-Guest Speaker	2017
Title IX & Campus SaVE for Employees, online self-paced course	2017
Online Teaching Effectiveness Course	2016
International Students' Faculty Committee	2016-2019

Trinity International University

Clinical Faculty Supervisor for Master's Students	2015-2016
Clinical Mental Health Counselor, The Counseling Center	2015-2016
Student-Life	2015-2016

Ohio University

Professional Development Committee Chair	2014-2015
The Alpha Chapter of Chi Sigma Iota	

Nominated and elected as Vice-President The Alpha Chapter of Chi Sigma Iota	2013-2014
Graduate Assistantship in the Curriculum & Technology Center	2014-2015
Clinical Internship Supervisors Workshop participant and volunteer	2014
Chair & Organizer of Research Conference, Patton College of Education	2015
Organized Practicum and Internship Fair, Patton College of Education	2014
Volunteered at the International Women's Day Festival (March 17)	2013
Organized and coordinated the International Student Panel International Students Outreach (ISO)	2013
The Third Annual Leadership Summit participant	2013
Department representative at the Psychology Career, Internship, & Grad School Fair	2012
Volunteered at "S-Talk", Suicide Prevention Workshop (Oct 10)	2012

India

Event Management, Cultural Programs, Teresian College, Mysore	2008-2012
Master of Ceremony, Organized and Coordinated Committees "Essentials of Behavioral Research and Documentation" Conference Tamil Nadu Association of Clinical Psychologists (TNACP) The Institute of Mental Health, Chennai	2012
HAEDOS- "Understanding and Management of Childhood Disorders" Workshop participant, Presidency College, Chennai	2012
President and Senate member, All India Catholic University Federation (AICUF) Teresian College, Mysore	2009-2010

Other Service – Community

CJCLife Arrow Event, San Antonio Guest Speaker on Well-being Promotion for Youth	2022
Camp Courage Play therapy volunteer facilitator- Hendricks Hospice Care Abilene, TX	2019
Counselor and faculty mentor, Fields of Faith, Sweetwater, TX	2018
Volunteered at Multiple Sclerosis Walk, Athens, OH (April 13)	2013
Volunteered in The Appalachian Health Summit Workshop, Athens (Sept 29)	2012
Volunteered in NAMI Walk for Mental Awareness, Athens (Oct 20)	2012

Professional Memberships

Active Memberships

American Counseling Association (ACA)
 Association for Counselor Education and Supervision (ACES)
 Association for Specialists in Group Work (ASGW)
 Southern Association of Counselor Education and Supervision (SACES)
 Texas Counselors Association (TCA)
 Texas Association for Counselor Education and Supervision (TACES)
 Association for Creativity in Counseling (ACC) 2019-2021

Chi Sigma Iota International (Current Chapter: Sigma Alpha Chi)

Previous Memberships

Chi Sigma Iota International - Alpha chapter (2013-2015)

Chi Sigma Iota International - Eta Sigma Upsilon chapter (2016-2017)

Ohio Counseling Association (OCA) 2012-2015

Graduate Representative, Graduate Education Association 2013-2015

International Student Union & Indian Student Association, Ohio University 2013-2015

International Student Outreach Executive Team, Counseling & Psychological Services (CPS),
Ohio University 2013-2014